

## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results - Session 11 (Warmup 11.05 - 11.55)

## Event 425 Girls 12-13 400 LC Meter IM

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 Gray-Thomas, Jessica	13 SCPY	5:35.42 q
34.77	1:15.37	1:56.43
2:37.28	3:28.81	4:22.36
4:59.61	5:35.42	
2 Davies, Elizabeth	13 PCPY	5:59.26 q
37.38	1:23.11	2:07.94
2:52.35	3:44.87	4:38.25
5:19.95	5:59.26	
3 Beasley, Evaleigh	13 SWAY	6:00.04 q
38.91	1:25.44	2:11.23
2:56.43	3:49.32	4:41.75
6:00.04	5:21.76	
4 Roberts, Connie-Rae	13 NWMY	6:12.16 q
39.21	1:27.49	2:13.94
3:00.94	3:56.73	4:51.95
6:12.16	5:32.04	
5 M'Keown, Emily	12 HOLY	6:21.76 q
38.94	1:30.33	2:18.69
3:03.93	4:00.23	4:56.59
6:21.76	5:39.72	

## Event 425 Girls 14-15 400 LC Meter IM

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 Bates, Molly	15 ECSM	5:27.36 q
33.54	1:12.33	1:55.00
2:36.66	3:26.46	4:15.48
5:27.36	4:51.55	
2 Lewis-Jones, Idele	15 WREY	5:33.87 q
35.18	1:17.82	2:01.10
2:44.04	3:31.33	4:19.43
5:33.87	4:57.72	
3 Dowling, Abigail	15 COCY	5:35.99 q
33.70	1:14.69	1:59.27
2:43.03	3:30.56	4:19.21
5:35.99	4:58.58	
4 Davies, Macy	14 TDOY	5:36.30 q
34.94	1:17.74	2:02.83
2:46.40	3:34.10	4:20.79
5:36.30	5:00.00	
5 Chauhan, Amber	14 BANY	5:41.65 q
34.82	1:16.38	1:59.44
2:42.21	3:34.90	4:25.56
5:41.65	5:04.88	
6 Mellor, Medi	14 BANY	5:42.77 q
35.57	1:17.43	2:04.40
2:49.95	3:38.69	4:27.97
5:42.77	5:06.80	
7 Williams, Lili	15 RCTY	5:48.70 q
35.65	1:16.42	2:01.69
2:47.49	3:38.18	4:29.32
5:48.70	5:10.44	
8 Williams, Leah	15 SGPY	5:49.77 q
34.61	2:46.91	2:02.98
4:31.75	3:38.89	5:10.66
5:49.77		
9 Pawlowski, Isabelle	14 CORA	6:03.16
38.75	1:26.52	2:12.75
2:56.92	3:48.73	4:41.40
6:03.16	5:23.59	
--- McQuaid, Maria	15 COCY	DQ
35.55	1:18.15	2:02.65
2:45.34	3:29.48	4:16.02
DQ	4:56.63	